Recommended Equipment

Week 1: Calmness

* Snuffle Mat/Kongs/Licki-mat
* Antler/Yak/Coffee Wood Chews

Week 2: Boundary Games

* Raised Bed (if owned)
* Bed/Blanket/Towel

Week 3: Loose-lead walking

* Double Clip Lead from Halti or a cheaper version is available from B&M
* Perfect Fit Harness available from [www.dog-games-shop.com](http://www.dog-games-shop.com)
* Ruffwear harness <https://ruffwear.co.uk/collections/dog-harnesses>
* Haquihana Harness (3 straps for escape proof dogs!) <https://haqihana.com/en/55-pettorine-2h>

Week 4&5: Recall

* Tug-E-Nuff Toys from <https://tug-e-nuff.co.uk> use code ‘PAWSOME’ for 10% off
* Biothane Long-Line
* Other high value toys

Week 6: Confidence

* Recycling
* Cardboard Boxes
* Cone
* Muzzle – Baskerville muzzle or similar style
* Wobble cushions from Fit Paws UK <https://www.amazon.co.uk/Pet-Supplies-Fitpaws/s?srs=5301770031&rh=n%3A340840031%2Cp_4%3AFitpaws>

Food Recommendations:

Cold Pressed: (suitable for those with allergies and any age)

* Tribal
* Forthglade
* Walker and Drake

Dry food: (not suitable for those with allergies)

* Canagan
* Natures Variety (not suitable for chicken allergies)

Treats: (great for allergy sufferers or picky eaters)

* JR pet products (training treats and pate)

Reading Recommendations.

* 101 Dog tricks by Kyra Sundace (great for building confidence)
* Easy Peasy Puppy Squeezy – Steve Mann
* Easy Peasy Doggy Squeezy – Steve Mann
* Perfect Puppy – Gwen Bailey